

M.A. RANGOONWALA COLLEGE OF PHYSIOTHERAPY AND RESEARCH, AZAM  
CAMPUS, PUNE-411001

DATE- 21<sup>st</sup> & 28<sup>th</sup> APRIL 2025  
CLASSROOM

DAY-MONDAY

VENUE- 4<sup>th</sup> YEAR

NO.OF STUDENTS- 31

EVENT- GUEST LECTURE BY DR. SMITA SHINDE

A guest lecture was organized by the M.A. Rangoonwala College of Physiotherapy and Research for final year B.P.Th students. The session was conducted by Dr. Smita Shinde, Associate Professor of Community-Based Rehabilitation at D.Y. Patil College of Physiotherapy, Pune, on the topic of Urinary Incontinence. This lecture series was held in two parts on 21st and 28th April 2025, as part of Dr. Shinde's preparatory work for her PhD thesis project focusing on Traditional vs Flipped Classroom Teaching Methods.

#### **Day 1: 21st April 2025 (Monday)**

The session commenced with students providing informed consent for participation in the lecture as part of the research study. A pre-test was administered to assess baseline knowledge. Dr. Shinde then delivered a PowerPoint-based lecture covering the fundamentals of urinary incontinence, including its types, causes, and clinical implications. The session concluded with a post-test distributed in printed format to evaluate immediate learning outcomes.

#### **Day 2: 28th April 2025 (Monday)**

The second session adopted a flipped classroom approach. A pre-test was conducted at the beginning. Students were provided with scientific articles relevant to the topic and were divided into four groups, each assigned a different sub-topic based on the reading material. A group-wise interactive discussion followed, where each group presented their understanding of the assigned content. Dr. Shinde supplemented these discussions with a PowerPoint presentation to further elaborate on the topics. The session concluded with a post-test to assess the effectiveness of this teaching method, and a feedback form was distributed to all participants for reflective evaluation.

