VALUE ADDED ACTIVITIES

Value added activities add ethical sense and sense of responsibilities to students apart from syllabus. Our college activity conducts a lot of value added activities on regular basis for benefit of students as well as community.

- On 21st April 2025 Dr Smita an Associate Professor from D.Y.Patil College of Physiotherapy Pune, in community physiotherapy conducted a session for 4th year students of M. A. Rangoonwala College of Physiotherapy on Pelvic floor testing.
- On 21st March 2025, awareness program was organized for 4th year students of M. A. Rangoonwala College of Physiotherapy for World Down's Syndrome Day. An introductory lecture was given by Dr. Rebecca followed by a documentary presentation showing the life of these individuals
- On 25th January 2025, 1st year students attended a session on Mental Health by Dr. Tauleha Bukhari, Asst. Professor Z.V.M Unani Medical College.
- On 19th December 2024, an HPV Vaccination awareness drive was organized by Medical representatives from National Institute of Virology, Pune. They gave an elaborate overview about Cervical cancer and importance of this vaccine in young females.
- On 11th December 2024, a guest lecture was organized for 3rd and 4th year students where speakers Mrs Shalini Banerjee and Mr. Kunal Hulbe gave a lecture on VISA formalities, admission procedures and various coping strategies to stay and work in the UK.
- On 27th November 2024, a guest lecture was organized for 3rd and 4th year BPT students by Dr. Lawrence Mayhew- senior lecturer in sports exercise medicine and physiotherapy along with Dr. Alistair black senior lecturer in sports exercise physiology. They explained in detail about different job opportunities in Leeds Beckett University.

- On 14th Sept 2024, to improve the awareness amongst the students, guest lecture was arranged for 1st B.P.Th Students on 'Human rights, Indian Judiciary & constitution' the resources person was Mr. Manoj Wagh from Pune University. From this workshop awareness was created amongst the students regarding fundamental rights, Indian constitution, Landmark judgements and the application of human rights in everyday life.
- On 12th Sept 2024 workshop on Skill Development was organized for 2nd B.P.Th students. The resource faculty was Mrs. Aruna Tompe from M.A. Rangoonwala Institute of Hotel Management. In this workshop the student was taught the skill development with respect to critical thinking and problem solving along with the time management.
- Guest lecture on Disaster Management was organized for 3rd & 4th year students on 12th September 2024. the resources person was Mr. Anil Dandekar (Retd) Principal MIT collage Pune, expert in the field he taught the students about types of disasters, how to respond at the time of disaster and first aid measures that should be taken in situations of disaster.
- To imbibe the importance of Cleanliness in 1st and 2nd year BPTh students, "Swacch Bharat Abhiyaan" was conducted on 3rd March 2023. Students cleaned their own class and corridor. This also facilitates empathy for cleaning staff and self-discipline.
- On 3rd January 2023, final year students along with faculty Dr. Pooja Gulunjkar and Dr. Divya Kawediya visited "Artificial Limb Center, Wanowarie" where they learned about different types of Prosthesis and different parts of prosthesis. Officer In-charge explained student's advantages and disadvantages of different prosthesis along with various rehabilitation protocols.
- On 19th and 20th November 2022, final year students attended the two days "Prehab Edu fit" conference to learn different exercises for improving fitness at Prehab academy, Pune
- On 3rd October 2022, lecture on "Stress management" was organized for the undergraduate and post graduate students. The resource person was Dr. Luqman Shaikh, founder Prehab academy, Pune.
- On 29th and 30th September 2022, workshop on Rehabilitation of paraplegia was organized. Resource person was Dr. Uthra Mohan, clinical practitioner from Mumbai.

- On 6th September, lecture was organized on "Scholarship for studying abroad". Resource person was Mr. Paul from Edwise. It was attended by all the final year BPTh students and lecturers.
- On 8th March 2021 on the occasion of International Women's Day free Physiotherapy camp on women's health was organized. Also the lecture was taken for Unani College Interns & PG scholars on urinary incontinence.
- M. A. Rangoonwala College of Physiotherapy and Research, Pune in association with Noble Hospital provided Physiotherapy service from 1st to 3rd March 2021 for Pune Hotelier Association Cricket Tournament
- On 27th September 2021 on occasion of "World Heart Day" Health recipe competition was conducted for students and staff. Competition was judge by Mrs. Lalita Rajwade a very competent nutritionist herself. She also guided students about health healing habits for heart health along with physical health mental health is also important for students. To benefit students from meditations 6days workshop was conducted by hurtfulness.
- Worldwide 21st September 2021 is celebrated as world Alzheimer day, our final year students along with staff visited Chaitanya Institute for mental Healthcare & Rehabilitation in Pune. They learned about difficulties in rehab of Alzheimer's patient & how to overcome them.
- M.A.Rangoonwala College of Physiotherapy & Noble blood centre Hadapsar organized a blood donation camp along with MUHS Nashik in December 2020
- The 3rd webinar of series was conducted on most important aspect of research; "Bio ethics". Resource person for same was Dr. Ravindra Ghooi; a renounced academician at SSBS on 21/05/2020. Series ended with webinar on "study variables in research and its types" by Dr. Kavita Menon on 23rd May 2020.
- In the series of webinars organized on various aspects of Research Methodology "Sampling Methods was arranged on 16th May 2020. Resource person was Dr. Kavita Menon from Symbiosis Health University Pune.
 - After pandemic hit college took few days to stabilize and activities online continued.
- On 15th 2020 May Webinar on Research design was organized for all UG, PG Students and Staff. This webinar targeted the enhancement of knowledge about conducting research design and promoting evidence-based practices. It was conducted by Dr. Kavita Menon professor of SBS (SIU) who is also

- designated faculty at doctorate course work at Symbiosis International Deemed University.
- "Osteoporosis Camp" on occasion of institutional Women's Day 8th march 2020 in which participants were assessed for Bone mineral density with densitometry ad given exercises to bone to avoid complications of osteoporosis.
- On 12th September 2019 a lecture on "Gender equality and women empowerment" by Ms. Ashna Mitra.