

M.M.E. & R.C's
M.A. RANGOONWALA COLLEGE OF PHYSIOTHERAPY AND RESEARCH, PUNE

Physiotherapy Support for Allana Architecture Sports day 2025

Date – 29th to 31st January 2025

Venue – Azam campus Pavillion

Physiotherapy support – 2 MPT 1 students

As part of the sports day event organized by Allana College of Architecture, M. A. Rangoonwala College of Physiotherapy provided sports physiotherapy services for the event. MPT 1 students Dr. Shafi and Dr. Sana were the therapist. The three-day event brought together students from various architecture colleges, competing in cricket, kabbadi, and athletics.

Event Details:

- Day 1 (29th January): The event commenced with an inauguration ceremony at 8:30 am, followed by the first cricket match at 11:00 am.
- Day 2 (30th January): Cricket semifinals and kabbadi matches took place.
- Day 3 (31st January): The final matches for all events were played.

As sports physiotherapists, we provided injury prevention and first aid management services to participants. Common injuries included muscle strains, ligament sprains, and minor contusions. We successfully managed these injuries, ensuring minimal disruption to the event. The sports day event was a resounding success, and our physiotherapy team played a vital role in ensuring the well-being and safety of participants. We were honored to receive a vote of thanks and recognition for our services during the prize distribution ceremony on the final day. We would like to thank Mrs Abeda Inamdar (President MME R.C) Dr. Arif Memon (Vice President MME R.C) Dr. Nazim Shaikh (Secretary MME R.C) and Dr Ronika Agarwal (Principal MARCOPAR) for providing us this opportunity.

