

M.M.E. & R.C's

M.A. RANGOONWALA COLLEGE OF PHYSIOTHERAPY AND RESEARCH

Physiotherapy services to St.Vincent Football event

Date: 1st and 2nd June, 2024

Venue: St. Vincent High School, Pune

On 1st and 2nd June 2024, two interns of M.A Rangoonwala College of Physiotherapy and Research were assigned as on-field physiotherapists for a football tournament conducted by St. Vincent High School, Pune. The two day tournament featured 34 matches on 1st day and 16 matches on 2nd day.

On first day of tournament, interns provided immediate first aid to the players who suffered from ankle sprains, muscle strains etc where primary line of treatment given was application on R.I.C.E principle i.e rest, icing, elevation, compression and few stretches were also given. Throughout the tournament many injuries were treated by the interns. On 2nd day, similar injuries were treated however during knockout match, a player sustained tibial fracture. The interns rushed and provided immediate temporary support to the leg and ambulance was called to take the player to hospital for immediate care. The player was referred to Dr. Shoaib Shaikh, an orthopedic surgeon from Modern Hospital, Nana Peth where further management would be carried out.

We are extremely thankful to Mrs. Abeda Inamdar (President, M.M.E & R.C), Dr. Arif Memon (Vice President M.M.E & R.C), Dr. Nazim Shaikh (Secretary M.M.E & R.C) and Dr. Ronika Agrawal, Principal M. A. Rangoonwala College of Physiotherapy and research for providing us the platform for attending such events.

