## M.M.E. & R.C's M.A. RANGOONWALA COLLEGE OF PHYSIOTHERAPY AND RESEARCH

## NSS SPECIAL WINTER CAMP 2024

On Sunday, January 14<sup>th</sup> 2024, a free NSS Rural Physiotherapy Camp was organized at in the village Ahirewadi, Taluka- Maval, District-Pune. Students from M. A. Rangoonwala College of Physiotherapy and Research provided physiotherapy assistance for the same. The Students were accompanied by Dr. Sanaa Naziri, Assistant Professor from Department of Community Physiotherapy. The camp was held at "Zilla Parishad Prathmik Shaala, Ahirkhand". Many people from the village turned up for the free camp. They were evaluated and counseling was provided according to their condition. Along with the basic physiotherapy treatment, do's and dont's were explained to them and Ergonomic advice was given. Awareness was spread with the help of 'Signs & Symptoms' charts made by the students. Group Therapy sessions were conducted for better understanding and remembrance.

The Physiotherapy Students learned about quick assessment and treatment of Patients in a community based set up using resources available in the community. The students got the insight on Community based rehabilitation and management of the camp. The camp was the great success as the students interacted with the villagers and gained in-depth knowledge about the treatment of the community rehabilitation. The camp was made possible due to the encouragement of Principal Dr. Ronika Agrawal Ma'am who guided us for the camp. We are Thankful to Mrs. Abeda P. Inamdar (President, M.M.E & R.C.), Dr. Arif Memon (Vice President M.M.E & R.C.) Dr. Nazim Shaikh (Secretary, M.M.E & R.C.) and Dr. Ronika Agrawal (Principal, M. A. Rangoonwala College of Physiotherapy and Research) for the constant Support and motivation.







