

**M.M.E. & R.C's**  
**M.A. RANGOONWALA COLLEGE OF PHYSIOTHERAPY AND RESEARCH, PUNE**

**Health Talk by 2<sup>nd</sup> year PG Students**

On 13<sup>th</sup> February 2024, 2<sup>nd</sup> year Post graduate students from M. A. Rangoonwala College of Physiotherapy and Research, Pune gave a health talk for 11<sup>th</sup> standard Science students from Anglo Urdu Boys Highschool at Azam campus. Almost 50 Students attended the health talk. The lecture was arranged in classroom for the students and the co-ordinating teachers for the event were Sadaf Malled and Geetanjali Jadhav. The health talk focused on healthy habits like regular exercising, eating right, and ergonomics while in school and general fitness. It was an insightful session for the students.

We are Thankful to Mrs. Abeda P. Inamdar (President, M.M.E & R.C), Dr.Arif Memon (Vice President M.M.E & R.C) Dr. Nazim Shaikh (Secretary, M.M.E & R.C) and Dr. Ronika Agrawal (Principal, M. A. Rangoonwala College of Physiotherapy and Research) for the constant Support and motivation and providing us a platform for such events.

