# DENTAL CAMP

On 9th February 2024, M.A Rangoonwala College of Dental Sciences and Research organized a "Dental camp" exclusively for 1st year B.P.Th Students of M. A. Rangoonwala College of Physiotherapy and Research, facilitated by staff and interns under. The camp aimed to provide comprehensive dental care, promote oral health awareness and educate 1st year B.P.Th students about the harmful effects of tobacco and cigarette use.

The camp began at 9am with information sessions to educate students about the importance of oral hygiene and significance of regular dental checkups. Detailed information was provided about cancer caused by tobacco and cigarettes and how to avoid them. Practical demonstration was given by interns to illustrate proper brushing and flossing techniques as well as correct use of dental products such as mouthwash and toothpaste. A thorough dental check-up was performed on each student and Basic dental treatments such as scaling, polishing were recommended to students Referrals were made for more complex dental issues, ensuring that students received appropriate care and follow up. The dental camp was commendable initiative that contributed to the well being of the students. By offering accessible dental care, education and detailed information on avoiding tobacco and cigarette use to prevent oral cancer, the camp promoted a culture of oral health awareness and empowered students to make informed decisions about their oral hygiene practices. The session ended with question answer round where all the doubts of students were individually addressed. The session ended by 1pm.

We are Thankful to Mrs. Abeda P. Inamdar (President, M.M.E & R.C), Dr.Arif Memon (Vice President M.M.E & R.C) Dr. Nazim Shaikh (Secretary, M.M.E & R.C) and Dr. Ronika Agrawal (Principal, M. A. Rangoonwala College of Physiotherapy and Research) for providing a platform to conduct such events promoting well-being and precautionary measures for betterment.