

M.M.E. & R.C's

M.A. RANGOONWALACOLLEGE OF PHYSIOTHERAPY AND RESEARCH

SPORTS EVENT OF PREMIER LEAGUE 5.0 2023 ORGANIZED BY POONA HOTELIERS ASSOCIATION

On 14 March, 2023 Poona Hoteliers Association had organized a CRICKET PREMIER LEAGUE 5.0 2023 on Sports Ground of Azam Campus. The event was for 5 days i.e from 14 March to 18 March where various cricket teams like Sayaji Warriors, Hyatt Pune, Crown Royals etc participated. Sponsors of the event were Conrad Pune, Ramada Pune, Lemon Tree Premier etc.

Under the guidance of Esteemed Dr. Ronika Agarwal students of Masters of Physiotherapy (Musculoskeletal Department) from M. A. Rangoonwala College Of Physiotherapy And Research had participated as Physiotherapists for the event. The students had addressed the patients on field as well as off field and provided treatment to reduce the pain and allow early return to game

The event had Cricket leagues in which sports related injuries like muscle strains, ligament sprains, cut wounds, ball hit injury were amongst the common injuries occurred on the ground. For cut wounds cleaning, debridement removal and bandaging were done. For sprains and strains icing along with taping was done in order to cause relief and reduce further injury to the affected part involved. For ball hit injury participant was given icing with continuous Bp monitoring and demonstration of breathing exercises to cause relaxation and increase in chest mobility. In case of severe injuries, the participant was assessed and referred to orthopaedic doctor for further treatment. We are thankful to the management for providing us the opportunity.

