## **VALUE ADDED ACTIVITIES**

Value added activities add ethical sense and sense of responsibilities to students apart from syllabus. Our college activity conducts a lot of value added activities on regular basis for benefit of students as well as community.

- On 12th September 2019 a lecture on "Gender equality and women empowerment" by Ms. Ashna Mitra.
- "Osteoporosis Camp" on occasion of institutional Women's day 8th march 2020 in which
  participants were assessed for Bone mineral density with densitometry ad given exercises
  to bone to avoid complications of osteoporosis.
  - After pandemic hit college took few days to stabilize and activities online still continued.
- On 15th 2020 May Webinar on Research design was organized for all UG, PG Students and Staff. This webinar targeted the enhancement of knowledge about conducting research design and promoting evidence based practices. It was conducted by Dr. Kavita Menon professor of SBS (SIU) who is also designated faculty at doctorate course work at Symbiosis International Deemed University.
- In the series of webinars organized on various aspects of Research Methodology "Sampling Methods was arranged on 16th May 2020. Resource person was Dr. Kavita Menon from Symbiosis Health University Pune.
- The 3 rd webinar of series was conducted on most important aspect of research; "Bio ethics". Resource person for same was Dr. Ravindra Ghooi; a renounced academician at SSBS on 21/05/2020. Series ended with webinar on "study variables in research and its types" by Dr. Kavita Menon on 23 rd May 2020.
- M.A.Rangoonwala College of Physiotherapy & Noble blood centre Hadapsar organized a blood donation camp along with MUHS Nashik in December 2020
- World Wide 21st September 2021 is celebrated as world Alzheimer day, our final year students along with staff visited Chaitanya Institute for mental Healthcare & Rehabilitation in Pune. They learned about difficulties in rehab of Alzheimer's patient & how to overcome them.

- On 27th September 2021 on occasion of "World Heart Day" Health recipe competition was conducted for students and staff. Competition was judge by Mrs. Lalita Rajwade a very competent nutritionist herself. She also guided students about health healing habits for heart health along with physical health mental health is also important for students. To benefit students from meditations 6days work shop was conducted by hurtfulness.
- M.A.Rangoonwala College of Physiotherapy and Research in association with Noble Hospital Provided Physiotherapy service at Pune hotelier Association Cricket Tournament on 1-3 March 2021.
- On 8 th March 2021 on the occasion of International Women's Day free Physiotherapy camp on women's health was organized. Also the lecture was taken for Unani College Interns & PG scholars on urinary incontinence.
- On 6<sup>th</sup> September, lecture was organized on "Scholarship for studying abroad". Resource person was Mr. Paul from Edwise. It was attended by all the final year BPTh students and lecturers.
- On 29<sup>th</sup> and 30<sup>th</sup> September 2022, workshop on Rehabilitation of paraplegia was organized. Resource person was Dr. Uthra Mohan, clinical practitioner from Mumbai.
- On 3<sup>rd</sup> October 2022, lecture on "Stress management" was organized for the undergraduate and post graduate students. The resource person was Dr. Luqman Shaikh, founder Prehab academy, Pune.
- On 19<sup>th</sup> and 20<sup>th</sup> November 2022, final year students attended the two days "Prehab Edu fit" conference to learn different exercises for improving fitness at Prehab academy, Pune
- On 3<sup>rd</sup> January 2023, final year students along with faculty Dr. Pooja Gulunjkar and Dr. Divya Kawediya visited "Artificial Limb Center, Wanowarie" where they learned about different types of Prosthesis and different parts of prosthesis. Officer In-charge explained student's advantages and disadvantages of different prosthesis along with various rehabilitation protocols.
- To imbibe the importance of Cleanliness in 1<sup>st</sup> and 2<sup>nd</sup> year BPTh students, "Swacch Bharat Abhiyaan" was conducted on 3<sup>rd</sup> March 2023. Students cleaned their own class and corridor. This also facilitates empathy for cleaning staff and self-discipline.