CO-CURRICULAR & EXTRA CURRICULAR ACTIVITIES (APRIL 22 – MARCH 23)

- 1. On 20th May 2022, as a part of Swacch Bharat Abhiyaan, a cleanliness drive was conducted by students with in the campus of M.A.Rangoonwala College of Physiotherapy and Research
- 2. On 2nd June 2022, a Seminar on Physio abroad was organized. The eminent speaker was Dr Chinmoyee Panigrahy (PT) who is the Indian manager of the New York based organization physio abroad.
- 3. On 9th June 2022, Convocation of Interns Batch 2021-2022 was done in Auditorium of LOFT 48 where Interns batch of 22 was bid goodbye
- 4. On 15th June 2022, a Seminar on Menstrural Hygiene was organized for girls of M.A.Rangoonwala College of Physiotherapy and Research in Hi-tech hall. A representative of Unicharm conducted the session
- 5. Independence Day Speech Competition on 15 August 2022
- 6. "Teacher's Day "was celebrated on 5th September2022 by felicitating the teachers & cutting the cake.
- 7. On 6th September2022 lecture was organized on Scholarship for studying abroad. Resource Person was Mr. Paul from Edwise. It was attended by all the final year students & interns.
- 8. On 8th September on the occasion of "World Physiotherapy day" street play & quiz competition was organized to spread awareness about physiotherapy amongst the community.
- 9. On 15th September 2022, Principal attended the meeting of vice chancellor, MUHS, Lt.Gen M Kanitkaar regarding MUHS initiatives.
- 10. On the occasion of "Seva Saptah" according to MUHS instructions, tree plantation drive was carried out by planting the various trees by the staff & students at Kumar parisar Tekadi in Kothrud, Pune, on 23rd September 2022.
- 11. On 29th & 30th September 2022 workshop on Rehabilitation of Paraplegia was organized in college. Resource person was Dr.Uthra Mohan, clinical practitioner from Mumbai. The workshop was attended by the final year students, interns and physiotherapists.
- 12. On the occasion of "World Heart Day" a free physiotherapy camp on identifying & preventing the risks of cardiovascular diseases were conducted from 29th September to 4th October2022. Many people were assessed & importance of exercises in preventing the cardiovascular diseases was told& exercises were taught to them.

- 13. On 3rd October 2022 lecture on "stress Management "was organized for the undergraduate & post graduate students. The resource person was Dr.Luqman Shaikh, founder, Prehab Academy, Pune.
- 14. On 9th October all the staff & students attended the Eid E Milad Rally.
- 15. On the occasion of "World Arthritis day "free Physiotherapy camp was organized by the college, 118 patients got benefit from the camp on 12th october22.
- 16. On 15th October 2022 "Reading inspiration day" was celebrated on the occasion of birth anniversary of Dr.A P J Abdul Kalam. The students & Staff shared their experiences about the various books they had read, and students were inspired to adopt the reading habit.
- 17. On 1st November 2022 Mrs.Abeda Inamdar, President MME&RC's Birthday was celebrated by cutting the cake & offering the Bouquet of flowers.
- 18. On 7th November 22, MUHS staff selection was done.
- 19. On 11th November22, 4th BPTh student along with staff visited the Kashewadi Anganwadi center, Bhavani Peth, Pune. To understand working of the center as part of rural healthcare delivery system.
- 20. On 17th November 22, Awareness program regarding legal rights & benefit of the elderly was conducted in St. John's old age home for women & children, Guruwar Peth, Pune.
- 21. On 19 & 20 November final year students attended the two days " Prehab Edu fit conference'' to learn different exercises for improving fitness at prehab Academy, Pune.
- 22. On 21st November 22 on the occasion of children week, physiotherapy assessment camp was conducted at 'Ab normal school', kothrud of special children, there were 20 students assessed & were advised to visit our college OPD for further assistance.
- 23. On 28th November.22 students & staff attended the Rally on occasion of "Mahatma Jyotiba Phule Jayanti".
- 24. 1st year student Mr. Ubaid Rafe received the Consolation prize for speech competition organized by AK Khan Law College, on the occasion of Birth Anniversary of Dr. Allana Iqbal, celebrated as international Urdu Day.
- 25. On 28th November 2022, Principal, non-teaching staff along with students attended the inaugral function of voter registration for the students; collector of Pune was the chief Guest of function.
- 26. Free physiotherapy camp for the neurological condition was organized by college on 28/11/22. Total 28 patients got benefitted from the same.

- 27. On 16th December 2022, farewell was given to final year PG students by staff & PG students.
- 28. On 24th December 2022, Dr.Ronika Agrawal received Dr.P A Inamdar Social Gratitude Award jointly organized by MCE Society & Prabodhan Madhyam News Agency.
- 29. On 27th & 28th December 2022, 2nd year PG students attended the webinar on 'How to Solve the PG question paper'organized by Vikhe Patil College of Physiotherapy, Ahmednagar.
- 30. On the occasion of Dr.P A Inamdar's Birthday on 28th December 2023 free Physiotherapy camp was organized in college OPD.146 patients benefitted from the same.
- 31. On 29th December 2022, Dr.Seemab & PG students attended the Workshop on Good Clinical Practice organized by Vikhe Patil college of Physiotherapy, Ahmednagar.
- 32. On 03/01/2023, Fourth year students along with the staff visited the Artificial Limb Centre, Pune to learn about the various prosthesis & the process of manufacturing it.
- 33. In January 2023, free NSS Physiotherapy camp was organized in the village Chikalse, Maval Taluka, Pune. Many patients were treated in this camp & they were advised to visit our college OPD for further follow up.
- 34. On 26th January 2023, Flag hoisting was attended by all the staff & students on the occasion of Republic Day.
- 35. On 30th January 2023, on the occasion of "Hutatma Divas", two minutes silence was observed in the college by all the staff & students.
- 36. From 31st January to 8th February 2023, students participated in inter collegiate Sports meet at Fergusson College, Mr.Aasim Moulvi and Miss.Ayesha Khan of 3rd year won the 1st prize in mixed doubles table tennis and Miss.Iram fiza of final year won 1st prize in 200 meter race & Mr.Aasim Moulvi won 2nd Prize in Men's singles table tennis.
- 37. On 4th & 5th of Feb 2023, Physiotherapy services were provided by the staff & students at Maharashtra state level min football championship 2023 at MMFC Astro Turf Ground, Pune.
- 38. On 4th Feb 2023, on the occasion of 'World Cancer Day' Rally was organized to promote the Cancer awareness after the rally staff & students attended the lecture on breast & oral carcinoma taken by Dr. Manzoor Ahmed.
- 39. On 19th February staff & students attended the rally on the occasion of "Shivaji Maharaj Jayanti"
- 40. From 21st to 24th February 2023, Physiotherapy services were provided at the inter collegiate sports meet organized by Allana College of Architecture, Azam Campus, Pune.

- 41. From 26/02/2023 to 28/02/2023, 1st year PG students attended the Workshop on 'Research Methodology' organized by M.A.Rangoonwala college of Dental Sciences, Azam Campus, Pune.
- 42. In the month of February 2023, MUHS practical exam were conducted for 1st BPTh & PG students.
- 43. On 3rd March 2023, 'Swacch Bharat Abhiyan' was conducted in the college, 1st & 2nd year students participated in the same.
- 44. Students organized the various cultural days & fun fair on 3rd & 4th March 2023.
- 45. On 4th March 2023, on the occasion of 'World Obesity Day' as per MUHS instructions, awareness programme was conducted in the college, the patients were screened for obesity and they were made aware about risk factors, management & importance of exercises.
- 46. From 6th to 11th March 2023, various Sports were organized in the college where all the students participated enthustically in various indoor & outdoor sports like Cricket, Badminton, Carrom, Volley Ball, Chess etc.
- 47. On 08/03/2023 as per MUHS instruction the students along with staff participated in the 'Breast Cancer Awareness' rally conducted by BJ Medical College, Pune.
- 48. On 09/03/2023, farewell & convocation ceremony was organized for the interns & PGs at 'Frequency' Pune.