

WORLD ARTHRITIS DAY 2022

On the occasion of World Arthritis Day 2022, M.M.E&RC's M.A. Rangoonwala College of Physiotherapy & Research organized a Free Physiotherapy Camp. The camp was held on 12th October 2022 in the Physiotherapy OPD.

Detailed assessment and thorough treatment using latest equipments was provided to all the patients attending the camp. Appropriate exercises were shown to them. They were also given advice about proper footwear and necessary modifications were suggested. Relevant ergonomic advice was provided depending on their condition. A total of 118 patients with various conditions like periarthritis shoulder, rheumatoid arthritis, knee osteoarthritis, lumbar spondylosis, cervical spondylosis etc. attended and benefited from this camp. They were advised to continue to visit the OPD for further treatment and exercises.

The camp was hosted under the support & guidance of Mrs. Abeda Inamdar, President M.M.E&R.C, Dr. Arif Memon, Vice President M.M.E & RC, Dr. Nazim Sheikh, Secretary M.M.E&R.C and Dr. Ronika Agrawal, Principal, MA Rangoonwala College of Physiotherapy & Research.

This initiative taken on the occasion of World Arthritis Day proved to be a huge success.

